

## **MPC MILITARY MEMBER SUPPORT PROGRAM**

The Military Member Support Program promotes **PRAYER** support for each Military Member of MPC, cards and letters and a care package. Christmas is a great time of the year for a care package. The **PRAYER** support can't be overstated. These loved ones serving our country need prayer support, and all they can get.

The basic guidelines for the program are;

- The military member's information is available at the MPC web site, [mppres.org](http://mppres.org), **Ministries/Programs - Military Families**. The web site contains their picture, address, rank, tour location and other details about each individual. The web site is the program data center kept up to date by the families as soon as they receive information from their loved ones. The web site also contains a Military Member Family report published each month which provides a complete status of the military member.
- Anyone desiring to send a care package, pick items from the care package items list on page 2 for the care package. For care packages going overseas to battle areas, some items are more important, baby wipes, bars of soap, powered drinks, instant rice, etc. The care package items list has its own set of detailed ground rules.
- When the military member's web site data states, Prayer Support Only, their family requests that care packages not be sent to their military member. The family desires Prayer support the details of which are published monthly in the Military Family Report.
- **Priority Flat Rate military boxes** are available at the Post Office for free. They have several sizes to select from. **The efficient way to pack and ship a box is to go the post office, and select the box size wanted, and then purchase the items from the recommended list and pack the box right in the super market to make sure you don't over or under buy.** The boxes are self sealing except the largest which is really convient. The price for mailing the flat rate boxes is approximately \$15 anywhere in the world for an APO or FPO address.
- Boxes being mailed overseas at Christmas time should be mailed in early December.
- Boxes being mailed overseas require a custom's form containing multiple copies which is available at the post office. Use a ball point pen when filling out the form as it will assure the multiple copies are copied through when pressure is applied. The post office will process the form and attach the copies to the back of the package in a plastic envelope for further customs processing in route. The form is easy to fill out. Just list the contents of the box, i.e., cookies, candy, nuts , baby wipes, etc. in the appropriate box and fill in the sent to and from information. The postal worker does the rest for you.
- Please call Alan Stewart at 805-529-9155 if you have any questions.

## **List of Items for a Military Care Packages**

When the items for the boxes are purchased, it is important to select appropriate sizes so that a large selection of items can be packed in the volume of the priority flat rate box leaving **NO** space. This assures that there will not be breakage in shipping, and that you maximize the **Priority Flat Rate**, currently \$10 to \$14, anywhere in the world for the box you have selected at the post office. Glass containers and all liquids that are not on this list should not be used.

Bars of soap  
Hand Sanitizer  
Toothpaste and toothbrushes  
Baby wipes or wipes in general  
Disposable razors  
AA and AAA Batteries  
Q-tips  
Dried fruit and Raisins  
Nuts  
Granola and Power Bars  
Candy, Gum (no meltable candy)  
Cookies, Pepperidge Farm small packages are great for packing.  
Crackers  
Potato Chips ( in tubes)  
Tuna packets with crackers  
Peanut butter cracker packets  
Potato chips in sealed tubes.  
Small canned Tuna  
Small canned Chicken  
Flavored powdered drink mixes.  
Jerky (Iraq and Afghanistan are Islamic Countries. No pork products can be sent)  
Instant rice  
Magazines including these titles (People, Sports, Cycling, Weightlifting, Car, etc)  
Frisbees  
Base Balls  
Volley & Soccer Balls, (put pressurizing needle into ball, deflate, leave needle in)  
Whiffle balls  
Travel Size Board Games  
Crossword, Word Search, and Puzzle Books  
Movie DVDs and Music CDs  
Playing Cards  
Pens  
Paper Pads  
White Athletic Socks